

Holy Cross Primary School

49 Meurants Lane Glenwood Phone: 8664-7100

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On **Friday 6th April**, **2018** Holy Cross Primary School will be running their **School Cross Country Day**. The Cross Country will be held on the grounds of the school and will be for all of the children from Kindergarten to Year 6.

The day will begin at 9:10am with the Primary students running their Cross Country. The Primary students and those Year 2 students competing will stay in their Learning Spaces until they are called for their race. The races will start with the older years and then progress down through the ages. Results are only recorded for children in Years 3 to 6 or any Year 2 children that are turning 8 this year.

Students competing in the Primary Cross Country should bring in an extra bottle of water or a water container as well as a piece of fruit to have a mid-morning break.

Children 8, 9 or 10 years will run in the Junior event - 2km. Children 11, 12 or 13 years will run in the Senior event - 3km.

Following the Primary Cross Country race (at approximately 10:30) a modified Cross Country Race around the school oval for students in K,1 and those students in Year 2 not turning 8 this year will be held. These students will run around the school oval and will also be watched by the rest of the school. This is meant to be a fun event and there will be no students selected as Diocesan representatives from these races.

<u>This is a compulsory event for all children</u>. If for Medical reasons your child is unable to compete please contact the school in writing.

ALL STUDENTS TO WEAR THEIR SPORTS UNIFORM ON THIS DAY

To help with the smooth running and success of the day we require numerous parent helpers. If you are able to assist please complete the slip below and return to school office. The parent helpers jobs will involve timekeeping or supervision of the course.

Yours in Sport, Sarah O'Rourke, Gracelyn Pielago & Mitchell Duncan	
CROSS COUNTRY DAY - PARENT HELPER	
Yes, I am able to help as a Parent Helper on Friday 6th April, 2018:	
Name:	Contact number:
Child's Name and Class:	