



Grandparent's Day

On Friday 9th August, Year 5 will be leading the school in a liturgy dedicated to our wonderful Grandparents.

Please bring a plate

It would be lovely if families could supply a small plate for our Grandparent's morning tea. Please bring these to the room next to the canteen on the morning of Grandparent's Day.



Schedule for the day:

- 9am Friday Morning Prayer (liturgy)
- 9:30am Morning Tea and listening to school bands/musicians
- 10am Visit different Pop-Up encounters with your grandchildren!
- 11am Enjoy a picnic lunch with your grandchildren! (BYO picnic lunch)
- 12 noon Time to leave and return at 3:15pm for normal pick up!

Please note: times may vary throughout the morning.

For your convenience, Welcomeasy will be preparing "PICNIC BOXES" for you to have with your family. There will be 3 options available: Burger, Vegetarian Burger, and a Gluten Free option. All Picnic boxes will contain a **bottle of water**, **Lamington dessert treat** and **fruit**, for all of your family to enjoy the on day!

Please order at this special school link: <https://welcomeasy.com.au/collections/grandparentsday>

Orders need to be placed **NO LATER THAN MIDDAY WEDNESDAY 7TH AUGUST (tomorrow)**

Dino-Mite Book Fair

Wednesday 7th August
8.30 - 9.00am &
3.00 - 3.30pm
Thursday 8th August
8.30 - 9.00am
Friday 9th August
8.30am - 12.00pm



The Feast of St Mary of the Cross MacKillop

This Thursday 8th August, we celebrate the feast of St Mary of the Cross MacKillop.

St Mary MacKillop is especially important to us as she is Australia's first saint. We often think of Saints as being people who lived long ago and lived devout lives of meditation and prayer. The communion of saints however is full of many different people who lived lives devoted to God in many different ways. St Mary shows us that in our modern age, through our work and commitment to God we too can aspire to a saintly life.

In intercession, there may be no other saint who understands us as St Mary does and who we can turn to. St Mary walked the streets and roads that we do today. She worked and cared for our ancestors. She felt the heat of the Australian sun and felt the breeze of Sydney harbour.

On Thursday we celebrate her life and remember her in prayer.



Prayer for a loving heart

O Lord, give me a heart of compassion,
To put others' needs before my own.
Grant me the gift of humility, I pray,
That Your grace may be sufficient for me.

For in my weakness, Your strength is made perfect,
In my dependence, Your glory is displayed.
May I receive Your strength and wisdom,
Through Your Spirit who dwells in me.

O Lord, I pray for love and understanding
For the suffering and hurt souls of this world,
That I may be Your instrument of healing,
Your hands and feet and heart to serve.

May I bring lost souls to know You,
That they may feel Your tender loving care,
As in Your arms You enfold them,
Until in heaven Your peace we share.

From The Times Book of Prayers, edited by Ruth Gledhill (London: Cassell), 1997, p.30

PRAYERS FOR CLAIRE (YEAR 2) AND HER FAMILY

Last Thursday evening one of our families home was destroyed by a house fire. Claire is currently in Year 2 at Holy Cross. It was extremely fortunate that no one was hurt in this tragic event. We ask that you please keep Claire and her family in your prayers during this difficult and challenging time.

SAVE THE DATE!

Father's Day Prayer

We will be celebrating the wonderful fathers of our community with a Father's Day Friday Morning Prayer on Friday 30th August. This will be led by Kindergarten and Year 3 students.



CONFIRMATION SACRAMENTAL PROGRAM

Please continue to keep in your prayers students who are preparing to make their Confirmation.

Important Dates for Confirmation:

Session 3

Saturday 17th August, St Mark's Staffroom at 3pm

Or

Sunday 18th August, St Mark's Staffroom at 3pm

Session 4

Saturday 24th August, St Mark's Staffroom at 3pm

Or

Sunday 25th August, St Mark's Staffroom at 3pm

Practice Ceremony:

Saturday 31st August from either 2-3pm or 3-4pm at the Church

Confirmation Ceremony:

Wednesday 4th September, Church at 7pm

Or

Thursday 5th September, Church at 7pm



PARISH MASS

Wednesday 7th August, Year 3 will attend Parish Mass with Fr Thomas at 10am in the Year 3 learning space.

Next week - Week 4:

Wednesday 14th August, Year 2 will attend the Liturgy of the Word with Deacon Rudy at 10am in the Library.

FRIDAY MORNING PRAYER

Friday 9th August Year 5 will be leading us in Friday Morning Prayer - Grandparent's Day Liturgy.

Next Week - Week 4:

Friday 16th August Year 4 will be leading us in Friday Morning Prayer.

PBS4L

Last Thursday afternoon our school hosted a professional learning course (Teachmeet) for approximately 150 of our colleagues, including teachers, principals, system leaders from Catholic Education Diocese of Parramatta. We were also privileged to have Mr Greg Whitby (Executive Director Parramatta Diocese), Mrs Sue Walsh (Deputy Executive Director) as well as system leaders from both Broken Bay and Sydney Diocese. The focus was on how schools including Holy Cross implement PBS4L (Positive Behaviour Support for Learning). Our colleagues also had the opportunity to engage in a tour of the school; observing our learning spaces, inquiry hubs, and our creative arts spaces.

Thank you to our student representatives - Allan, Marcellus, Eric, Cathy and Andrew who performed and entertained our visitors demonstrating their outstanding musical skills. Thank you also to Caitlyn, Pia and Chantelle (Year 5 students) who warmly welcomed our visitors, showing strong leadership skills. Thank you also to Dylan from Year 6 who designed and 3D printed a special birthday surprise for Mr Greg Whitby.

Thank you to Mrs Locke and Mrs Hunt who represented our parent community.



VOICE OF YOUTH

Each year, all Year 6 students across the Parramatta Diocese participate in a public speaking competition called Voice of Youth. Voice of Youth is an annual competition which has been held in the Parramatta Diocese for the past 32 years. It involves all Year 6 students across the 60 western Sydney Catholic schools.

Reasons behind the contest

The Voice of Youth contest is conducted so that children with a flair for public speaking have an opportunity to use this talent.

Participation in speech contests enables children:

- to express ideas in exact terms that are meaningful to the listener
- to gain skills in researching information for their speech
- to improve their speaking skills
- to acquire skills in listening and clarity in thinking
- to gain expertise in articulating clearly, using correct pronunciation, clear diction and variety in tonal quality
- to understand the importance of communication in human relationships
- to develop skills in planning, organising and outlining a speech based upon a central idea that communicates a message
- to be able to express or imply a statement that the audience is able to understand and summarize as the message of the speech.

Congratulations

Congratulations to all of our Year 6 students for writing fantastic speeches and taking part in this year's Voice of Youth competition.

The Year 6 teachers were faced with the difficult task of selecting 12 students to be school finalists. Our school finalists and their topics for 2019 were:

- Emma Baird: You can change my future
- Victoria Fedele: Everybody deserves a place to call home
- Patrick Howley: Bullying; A national dilemma
- Jade Jabson: Short with a big personality
- Samiya Lakhani: Glossophobia
- Tala Magpantay: Worry, Concern, Apprehension
- Amelia O'Rourke: Noticing the little things
- Olivia Panagiotopoulos: The future of our wildlife is in your hands
- Ashlee Tungol: Voices of the future
- Patrick Villiers: Foster Families
- Caitlin Walton: As a team, we can make a difference
- Frida Vazquez Vega: That is a battle you can help fight

A big congratulations to Victoria Fedele and Caitlin Walton who will represent Holy Cross at the Voice of Youth Cluster Final, as well as Emma Baird who will be the reserve for the final which will be held Monday 12th August, Week 4.



YEAR 1 EXCURSION TO THE ROYAL BOTANIC GARDENS

Did you know that Australian Native Bees are stingless? Year 1 went to the Royal Botanic Gardens in Sydney on Thursday 1st August and we learnt a lot about living creatures that live in our backyards. First, we went to the pond and used nets to catch living things. Johnny found a baby crab! Later we went for a stroll to the outdoor classroom where we learnt about stick insects. Did you know that stick insects camouflage so that predators do not see them? We also learnt that the female stick insect can fly and produce its own eggs but the male cannot. Our instructor chose a few students to hold a Spiny Leaf insect! Later we learnt about the Golden Orb Spider! Yes, you guessed it! It weaves a golden web and in the past the Aboriginals would use this as string because the web was so strong! We learnt lots and had an awesome day! Thank you to the wonderful parent helpers that assisted us on the day!

Year 1



YEAR 3 EXPLORE THE BLUE MOUNTAINS

Do you know why we call the Blue Mountains the *Blue* Mountains? Do you know that there were originally seven sisters?

Year 3 visited Katoomba and Leura Cascades to discover the world around us from a new perspective and as part of our unit of work investigating how the Earth's surface changes over time.

We walked to the three sisters and learned that landforms change over millions of years. Originally there were seven sisters but four have collapsed. Water has eroded the softer rock causing unsupported cliffs to collapse leaving the sheer vertical cliff faces of the three that remain. The walls we saw surrounding the entire area were also formed by big blocks of rock collapsing.

We saw evidence of erosion close up. Water had worn channels by washing away the softer shale and coal leaving sandstone behind. Leura Cascades also showed us evidence of water erosion and cave formations.

We wondered why this area is called the blue mountains when all we saw were green trees. Our teachers explained that it is because light refracts through the eucalyptus oils released from the trees and makes the mountains look blue from a distance.

While we enjoyed looking at these wondrous sights, we were made aware of the human interventions put into place to prevent unnecessary erosion caused by visitors and humans in the area. There were footpaths and railings to prevent people destroying the bush, and sandstone retaining walls to prevent the collapse of embankments from the water overflow. It is a privilege to visit these spectacular areas, and learning how we can protect our world means others after us can also appreciate God's creation.

Several students fell asleep in the bus on the way home. We had a wonderful day of investigating the world around us and have been left curious to learn about how and why our earth changes over time.



YEAR 4 EXCURSION

On Wednesday 24th July Year Four travelled to the City to visit the Australian Museum. We interacted with lots of interesting things on the day such as Aboriginal artefacts. The purpose of us going to the Australian Museum was to learn about Aboriginals and their culture.

We went to the First Australians exhibition and learnt about Aboriginal men's work and women's work and how their weapons were made and how they used a range of tools.

We had a fantastic day of learning and couldn't wait to apply our new thinking to our History unit of work. Year Four would like to thank the following parents for helping them during the excursion; Mrs Lovegrove, Mrs Kumar, Mrs Elmasri, Mrs Christou and Mrs Battle.



SOCCKER GALA DAY

In Week 2 of Term 3 a group of Year Three and Four students travelled to Jamison Park in Penrith for the Stage Two Soccer Gala Day. The boys team was undefeated, drawing two games and winning the other 5, finishing second in their pool. The girls team played many close games and were able to draw most of their games and won their last game 3-1. Both teams demonstrated teamwork, sportsmanship and their personal best. Throughout the day the students showed the three school agreements and were fantastic representatives for Holy Cross.

A big big thank you must be made to all the parents who were a wonderful cheer squad and who helped look after the boys and girls ensuring they had plenty of food and water throughout the day. All the parents were a great help and had the boys and girls ready for each game, knowing what they needed to do in order to achieve their personal best. Also a big thank you to St. Marks for supplying referees for the day this was a huge help for the organisers.



NETBALL GALA DAY

The Netball Gala Day was awesome for all teams and teachers who attended from Holy Cross. It was a successful day for everyone. Congratulations to the Under 10 team who finished first in their pool. The 12 Year boys had a lot of fun even though it was their first time playing netball as a proper team and won two games out of five.

All the other teams played a total of 5 games throughout the day and tried their personal best all the time. We also showed our other two agreements of being respectful and safe. It was played at the Kellyville Netball Courts next to Our Lady Of the Angels school.

We thank all the parents who came to support us and to Mrs Baird and Mrs Moriarty who managed teams. Thank you to the umpires and teachers that were there on the day because if it wasn't for them we wouldn't have been able to play our games. We all played as a team and showed sportsmanship to every team we versed. Everyone had a blast even though it was really cold.

By Liam Wearing and Noah Reeding



Reading is my SECRET POWER

CBCA Book Week
17-23 August 2019
#CBCA2019



Artwork by Bob Graham © 2019 The Children's Book Council of Australia

AUTHOR VISIT

This year Book Week will be held in Week 5 of this term. To begin our celebration of books, we will be welcoming the author Jacqueline Harvey on Wednesday, August 14th. Jacqueline is the author of the Kensy and Max series, Clementine Rose series and the Alice-Miranda series.

During Book Week, students will be doing some fun activities in the classroom then, on Friday, 23rd August, students can come dressed as their favourite book character. This year, the theme is *Reading is my Secret Power*.

CUTTING OF FATHER'S DAY PAPER & WRAPPING OF GIFTS

We have purchased gifts for the Father's Day Stall. We are asking for parent helpers to assist with pre-cutting the wrapping paper and wrapping the gifts. If you are able to assist with pre-cutting on Friday 16th August, please contact the school office.

Any parents who would like to assist, but are unable to join us, are welcome to take home some wrapping paper to pre-cut from Wednesday afternoon. Please contact the school office.

Wrapping of gifts will take place on Friday 23rd August after Friday Morning Prayer. Again, please contact the school office if you would like to assist.

*Father's Day Stall
Monday
26th August, 2019*



FATHER'S DAY STALL

The Father's Day Stall will be held on Tuesday 27th August in the MPLC. Each child is to bring along \$6.00 to purchase a gift. The gift comes gift wrapped and with a label for the child to write their name on. Any parents who are able to assist at the Father's Day Stall please meet in the Multi Purpose Learning Centre at 9.00am on Tuesday 27th August.

BOOK FAIR ORDER FORM

Today a pre-select order form will be sent home with your child. If you are unable to attend the Fair and you wish to purchase a book, please complete the form and send it in with your child before the Book Fair closes on Friday. Payment may be made online. Please ensure to choose "Book Fairs" payments and not Book Club.

IMPORTANT DATES

Wednesday 6th August	Year 3 Parish Mass Book Fair
Thursday 7th August	Book Fair
Friday 9th August	Grandparent's Day Grandparent's Day Liturgy Book Fair
Tuesday 13th August	Zone Athletics Carnival
Wednesday 14th August	Book Author Visit
Tuesday 27th August	Father's Day Stall
Friday 30th August	Father's Day Liturgy
Friday 27th September	Last day of Term 3

HAPPY BIRTHDAY!

Happy Birthday to the following students who have celebrated their birthday recently.

Amelia Ternes, Jacob Littlejohn, Caius Williams, Philo Metri, Auroa Huang, Renee Richard, Michael Yeliseev, Evie Steain, Catherine Yunon, Abbey Wearing, Marina Butrous & Sophie Wilkinson



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children
2-12 years old*

A three-session program for parents and carers.

Venue: St Monica's Catholic Primary School, North Parramatta
10 Daking St, North Parramatta. Tel: 8832 4100

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

Registration Fee?

The course costs \$10 (per parent or per couple) which covers the cost of the Parent workbook
Register for this course contacting St Monica's School Office on 8832 4100

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenters for this course are Madeline Patrick (School Counsellor) & Anoushka Houseman (CEDP Wellbeing Coordinator)

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a ParentsShop® licensed practitioner. www.parentshop.com.au



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The Catholic Education Office Diocese of Parramatta together with St Monica's Catholic Primary at North Parramatta, are pleased to offer parents and carers in our Diocese, the 1 2 3 Magic and Emotion Coaching course.

The course is 3 sessions and will be run on the following dates:

Session 1	6pm – 8pm	Wednesday 14 th August 2019
Session 2	6pm – 8pm	Wednesday 21 st August 2019
Session 3	6pm – 8pm	Wednesday 28 th August 2019

Course Facilitators: Madeline Patrick & Anoushka Houseman

Cost is \$10 per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This can be brought on the night